

The text in red indicates updated parts

= activity levels (1 October Until Further Notice)

CAPACITY LIMITS

Lectures/classes, seminars, etc.	keep participants at under 2/3 capacity*
Meetings	keep participants at under 2/3 capacity*
Events	consider governmental regulations

*The capacity limit of lectures/classes, seminars, and meetings should be 2/3 or less of the maximum room capacity. If this capacity is to be exceeded, it is permitted to calculate the capacity limit by considering the ventilation ability of the room in adherence to the recommended ventilation amount by the Ministry of Health, Labour and Welfare.

			Level						Notes
			0	1	2	3	4	5	
Lectures/classes	lectures	classroom	• no restrictions	• lectures for all students (graduate and undergraduate) should be held face-to-face • adherence to capacity limits *Field work for lectures/classes: Avoid non-urgent travel between prefectures and comply with requests from the government	• permitted for classes related to graduate subjects and undergraduate major subjects (third years+ only) • other classes permitted upon request • adherence to capacity limits	• permitted upon request • adherence to capacity limits	• cancelled	• cancelled	*arrangements for those with special needs are required to hold lectures/classes, seminars, etc.
		online	• no restrictions	• effectively use online lectures	• online classes (general)	• online classes (standard)	• online classes (only)	• online classes for subjects where online classes can be implemented (only)	
	practical training/laboratory work/seminars, etc.		• no restrictions	• permitted • adherence to capacity limits *Field work for lectures/classes: Avoid non-urgent travel between prefectures and comply with requests from the government	• permitted for classes related to graduate subjects and undergraduate major subjects (third years+ only) • adherence to capacity limits	• permitted upon request • adherence to capacity limits	• cancelled	• cancelled	*arrangements for those with special needs are required to hold lectures/classes, seminars, etc.
Research	research/laboratory work	• no restrictions	• permitted • research activities may also be carried out at home	• new laboratory work is restricted	• only work for halting in-progress laboratory experiments is permitted	• all laboratory work unrelated to COVID-19 research is to cease	• all research activities are to cease		*arrangements for those with special needs are required to conduct research, etc.
	seminars, etc.	• no restrictions	• permitted • adherence to capacity limits	• recommended to be held online; face-to-face events should adhere to capacity limits	• online only	• online only	• online only		
	field work	• no restrictions	• consider travel restrictions set by the government	• avoid non-urgent travel between prefectures • comply with the government's requests for restraint	• comply with the government's requests for restraint	• not permitted	• not permitted		
Administration	telework, etc.	• no restrictions	• percentage of telework around 30%	• percentage of telework around 50%	• percentage of telework around 70%	• only staff required for emergency services and facility maintenance permitted on campus	• only the minimum number of employees to maintain facilities permitted on campuses		
	shifted working hours	• no restrictions	• recommended	• recommended	• active implementation	• active implementation	• active implementation		
Meetings/events	Meetings	face-to-face	• no restrictions	• adherence to capacity limits	• adherence to capacity limits • keep attendees at 20 persons or lower (incl. observers) • more than 20 permitted for meetings related to emergency management • special meetings, such as the entrance examination committee meeting, are allowed upon request and 20+ people are allowed	• adherence to capacity limits • only meetings related to emergency management are permitted	• not to be held		*arrangements for those with special needs are required to hold meetings/events, etc. *make appropriate decisions and utilize online events at all activity levels
	Events	hosting others	• no restrictions	• consider the current situation and governmental regulations* *for details, please refer to the notice issued on 28 September • adherence to capacity limits, if set	• comply with the government's requests for restraint • comply with the government's requests for conditions for holding events *for details, please refer to the notice issued on 27 January	• comply with the government's requests for restraint	• not to be held	• not to be held	
	participating in outside meetings/events		• no restrictions	• consider travel restrictions set by the government	• avoid non-urgent travel between prefectures and comply with requests from the government • comply with the government's requests for restraint	• comply with the government's requests for restraint	• not to be held	• not to be held	
Extracurricular activities	general activities	• no restrictions	• adherence to infection prevention measures and practice social distancing when gathering	• adherence to infection prevention measures; only activities with a low risk of infection are permitted	• adherence to infection prevention measures; only outdoor activities with a low risk of infection are permitted	• only individual practice (alone) outside is permitted	• all activities are to cease		*all groups should establish in advance activity guidelines for each level based on the information in the columns to the left *arrangements for those with special needs are required to hold extracurricular activities
	events, matches, overnight trips, etc.	• no restrictions	• adherence to infection prevention measures and practice social distancing when gathering • consider travel restrictions set by the government	• overnight events and matches should be suspended (decisions regarding events hosted by an association or federation that require overnight participation will be made individually) • staying overnight in groups is not permitted • consider travel restrictions set by the government	• events requiring overnight accommodation are to cease • comply with the government's requests for restraint	• events are to cease (decisions regarding events hosted by an association or federation that require participation will be made separately) • overnight trips are not permitted	• all activities are to cease		
	eating and drinking together	• no restrictions	• permitted with adherence to infection prevention measures as requested by the government	• not permitted	• not permitted	• not permitted	• not permitted		
Admission of those unassociated with OU on campus			• no restrictions	• request to refrain from admitting those with unnecessary and non-urgent matters	• strongly request to refrain from admitting those with unnecessary and non-urgent matters	• generally, no one is admitted except for those requested by the university	• no one is admitted except those from the university	• not permitted	